

# DISCUSSION QUESTIONS

## ***Women, Spirituality and Transformative Leadership: Where Grace Meets Power***

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### **Exploration I: How do I express being an empowered woman of spirit and faith?**

- How might we animate ourselves to claim our voices or roles as spiritual leaders?
- How do you embody a spiritual expression as a woman in a position of leadership?
- What are some of the practices that keep you grounded or centered?
- Who are your role models, and whom or what do you draw on for inspiration?
- What is the special contribution of women to leadership? What is the feminine approach to leadership?

### **Exploration II: How do my spiritual values inform me about living with the challenges and blessings of diversity?**

- How do we create safe spaces to ask questions, explore issues and attend to our own souls?
- What are the obstacles to genuine listening to and learning from each other?
- How do we embrace and encourage diversity without it seeming contrived?
- How do our cultural and religious backgrounds influence our spiritual choices?
- How can we make each another feel truly seen, heard and valued?

### **Exploration III: How do we stand for the greatness of each other?**

- How do you balance feeding the positive wolf while fighting away the negative wolf?
- How do we strengthen the soul of our leadership?
- What does women's equality really look like?
- What are the barriers and challenges that prevent us from standing for each other's greatness?
- How do we create genuine friendships and support for each other?

### **Exploration IV: How do we catalyze our collective transformational power as women of spirit and faith?**

- How do we create more friendships across demographic boundaries?
- How can feminine voices of compassion, unity and hope become more real and compelling than the voices of fear and separation?
- What does it feel like when we give voice to our strength as women of spirit and faith?
- Where are the naturally arising opportunities for partnership and synergy?
- What are the next questions that want to be asked?